

## Scheduling and Cost of Recreational Ride

Our planning of the day's activities will be tailored per your requests.

SMILES can accommodate up to 18 students per visit.

- One group will ride for one half hour focusing on therapeutic riding.
- Remaining students will be engaged in other farm and horse related activities such as feeding & watering horses, climbing hay bales, baking horse cookies, etc. (each station is one half hour)
- All activities address sensory levels, physical exercise, communication, endurance, nurturing, and just plain fun!

### Fee

- Therapeutic Riding experience to six individuals at a time and two specialized stationed activities is **\$30 per participant.**
- Therapeutic Riding Experience to six individuals at a time with the remaining participants observing from our spacious lounge (no specialized learning stations) is **\$20 per participant.**



“Riding has been an incredibly positive experience for my daughter, who is autistic. A typical day is one consisting of constant motion – always jumping, running, bouncing, etc. After riding, she is relaxed and mellow. It calms her whole system down. It has also assisted in her cognitive skills (i.e. letter, number, and color recognition), as well as her fine motor skills. She loves the horses and always has a smile on her face when she rides.

**I can't imagine life without SMILES.”**

**-Lacey Wygans**



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## Equine Recreation



SMILES therapeutic horsemanship center for individuals with special needs offers Recreational Rides (Field Trips), which are a one time visit to the facility, tailored to meet your group's activity levels & goals.

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**(262) 882-3470**

## Benefits of Horseback Riding



- Increase or decrease muscle tone
- Core Strength
- Bonding
- Extension
- Patience
- Flexibility
- Balance
- Calming
- Nurturing

## Benefits of Non-mounted Activities

- Partnership
- Dexterity
- Increased Respiration
- Gravitational Experience
- Coordination
- Sensory Integration



*Improving the lives of children and adults with special needs through a partnership with horses.*

## Benefits of Experiential Learning



- Cognitive Activities
- Social Skills
- Vocalization
- Processing
- Pride
- Emotional Stability
- Self Esteem
- Communication
- Positive Experience
- Teamwork